



The Most Reverend Edward B. Scharfenberger, D.D. Bishop of Albany
The Very Reverend David R. LeFort, S.T.L., V.G., Rector
The Reverend John Tallman, Parochial Vicar
The Reverend Paul Mijas, Parochial Vicar
Timothy Kosto, II, Deacon

In residence

The Most Reverend Howard J. Hubbard, D.D.
Bishop Emeritus

Religious Education and Faith Formation
Dr. Thomas Fowler

Cathedral Social Services—Food Pantry
Mr. Mark Ciavardoni

Director of Music and Organist
Dr. Brian F. Gurley

Development, Public Relations & Events
Mr. Thomas M. Prindle

Parish Secretary
Ms. Pilar Dell

Liturgical Coordinator
Dr. Melissa Martínez

Parish Bookkeeper
Mrs. Kathy Zorian

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CATHEDRAL OF THE IMMACULATE CONCEPTION

In the City and Diocese of Albany

Established 1848 • Corner of Eagle Street and Madison Avenue (at the Empire State Plaza), Albany

Mission Statement

We, the worshipping community of the Cathedral of the Immaculate Conception of the Roman Catholic Diocese of Albany, rooted in the Gospel and the celebration of the Eucharist, seek to make known God's love in the world through serving one another, sharing our faith and welcoming all.

Schedule of Liturgical Celebrations

The Holy Eucharist (Mass)

The Lord's Day:

(anticipated Mass) 5:15 p.m. on Saturday

9:00 a.m., 11:00 a.m. and 5:00 p.m. on Sunday

Weekdays: Monday-Wednesday-Friday 12:15 p.m.
Tuesday-Thursday 7:15 a.m.

Holy Days: Please check the bulletin and website.

The Sacrament of Reconciliation (Confession)

Monday, Wednesday, Friday: 11:30 a.m. - 12:00 p.m.

Saturday: 4:00 - 5:00 p.m.

...and other times by appointment

The Sacrament of Holy Baptism

Call the church office to make arrangements for appointment and instructions.

The Sacrament of Holy Matrimony

Couples should contact the parish office six to eight months in advance of the proposed marriage.

The Sacrament of the Anointing of the Sick

If you are anticipating surgery, please contact the parish office.

Religious Education

To register, and for information, call: 518-463-4447, ext. 4

Parish Food Pantry

93 Park Avenue; Basement, Entrance at north side of building

Food and personal care items collected on the last Sunday of the month.

Food distributed Monday-Friday, 10:00a.m. - 12:00p.m.

Pastoral Visits

At home or in the hospital, please call the parish office.

Tours of the Cathedral are available by appointment; please contact the Rectory Office for information and/or to schedule a tour.

Eighth Sunday in Ordinary Time

First Reading:

Stubborn, wicked, and immoral speech gain a person nothing. Rather, this type of speech contrasts with the wisdom of the Lord's Word. In a few pithy proverbs, the author of Sirach instructs us about how our words reveal both our faults and our goodness (the fruits we bear). Only after people speak can we praise them, for only then will we know if their speech has reflected the Lord's word.

Second Reading:

Paul draws the connection between death and sin and acclaims that victory over death comes from God through our Lord Jesus Christ. Paul solidifies for the Corinthians and for us that death's sting is no more in Jesus Christ. Paul's words urge the community of believers to remain devoted to following the Lord for it leads to a share in Christ's Resurrection. This is a tall order for a community as divided as the Corinthians, but Paul knows they can succeed when they remain in the Lord.

Gospel:

Jesus turns to short parables as he continues to teach the disciples on the plain. The disciples hear how their teacher will train them in his ways; how they should not judge another person when sin remains in them; and how trees are known by the fruit they bear— a direct connection to the First Reading from Sirach. The Gospel reading concludes as we hear Jesus speak what we could consider an obvious tautology: good comes from good and evil from evil. We speak what is in our heart—let that be goodness!

Ministry Recruitment

Consider taking part in the liturgy beyond the pews! Help us enhance the liturgical experience here in our Cathedral parish.

Please visit the Recruitment table in the back of the Church on Sunday March 3rd. Our Liturgical Coordinator Melissa Martinez will be available after each Mass to provide you with more information on our many Ministries here at the Cathedral!

Rice Bowls

The three main Lenten practices of the Catholic Church, namely prayer, fasting and almsgiving, are directed to support our renewal in the Life of Christ Jesus. By participating in Operation Rice Bowl, we are given the opportunity to pray for our neighbors in need each day, to fast from some desire or another and to offer alms for their benefit. People often find that if they leave their rice bowl collection container on the kitchen table, for example, it becomes a daily reminder to pray, to commit to a fast of some kind and to make a daily offering to support the less fortunate. Rice Bowls are then returned to the church during the Holy Triduum, so that such Lenten practices can bear fruit at Easter.

Ash Wednesday

Ash Wednesday, the beginning of Lent, is Wednesday, March 6th, **2019**. Ashes will be blessed and imposed at each of the following Masses on March 6th: 7:15am, 12:15pm and 5:15pm.



On Sunday, March 17, at the 11:00 a.m. Mass, the Cathedral will celebrate **Saint Patrick's Day with the Pipers' Mass**. Hospitality will follow. The hospitality table will be filled with a wonderful variety of goodies. If you are interested in helping with this Hospitality please

bring a baked good to share! Thank you!

Eighth Sunday In Ordinary Time

Stations of the Cross

All are invited to pray the Stations of the Cross as a community each Friday of the Lenten Season, beginning at 5:30pm in the Cathedral (our children and youth will lead us on March 29th). Additionally, station booklets are available throughout the entire season, simply stop by the main sacristy to borrow one.



The next life-saving campaign of “**40 Days for Life**” will be held March 6 through April 14. The mission of the campaign is to bring together the body of Christ in a spirit of unity during a focused 40-day campaign of prayer, fasting, and peaceful activism, with the purpose of repentance, to seek God’s favor to turn hearts and minds from a culture of death to a culture of life, thus bringing an end to abortion.

Will you speak for those who cannot speak for themselves? Visit rcda.org/40days for the many events happening locally.

Theology & Arts Performance-Lecture

On Saturday, April 6, from 9:30am to 1:30pm, the Cathedral of All Saints (located at 62 South Swan St.) Mission in the Arts hosts a performance-lecture with Rev. Dr. Jeremy Begbie, founding director of Duke Divinity School Initiatives in Theology and the Arts, "Lamenting and Hoping: How Music Can Mediate the Healing Power of the Gospel".

This event is made possible in part by The Cathedral of the Immaculate Conception, and The Center for Healing and Spiritual Formation at Christ the King, Greenwich, NY.

The illuminated St. John's Bible (The Prophets) will be on display in the Cathedral during this event courtesy of St. Peter's Health Partners. (<http://www.saintjohnsbible.org/>)

Tickets that include a bag lunch must be purchased by March 25 so we can make the necessary arrangements. Questions, call (518) 465-1342. To purchase tickets for this, please visit <https://www.brownpapertickets.com/event/4075143>

Stewardship Treasure

The Second Collection for February 23th, 2019 was \$3,527.37

Thank you for all you have given to the Cathedral.

A Few Dates to Save

Our annual Cathedral Brunch will take place on Sunday, April 28, again at Wolferts Roost Country Club.

Our annual Cathedral Golf Classic will be held on Monday, June 17, again at Wolferts Roost Country Club.

Our annual Joint Parish Picnic with St. Francis of Assisi Parish will take place on Sunday, September 22, at Bethlehem Town Park.

Take Action! Sign the Petition to Repeal the

Abortion Law! Express your firm opposition to NY’s new abortion expansion law –the so called "Reproductive Health Act" (RHA)– by signing the petition provided by the [New York State Catholic Conference](http://www.nyscatholic.org) for your convenience! Go to www.nyscatholic.org and click “**Take Action!**” to sign the petition today and share it with your friends! Urge the governor and the legislature to repeal the radical new law in its entirety.

Please pray for our sick; Jeffrey Abraham, Robert Buell, Shirley Anderson, Lucy Apisa, Stephen Beattie, Judi Barlow, Carol Bruce, Grace Isabelle Caruso, Carmella Cervera, Mary Faith Colvin, Patricia Contti, Theresa Cooney, Sr., Gertrude Cosenke, RSCJ, Marc Daniels, John Dare, Jr., Denise Degasparis, Michael Dolan, Ann Doherty, JoAnn DeLucia, Diane Fontanelli, Janette Fusco, Bernice Girma, Karen Goral, Carol Greenshields, Jean Gutbrodt, Bryan Hanley, Jacqueline Heisler, Kelly Hemming, Kenneth Hockeson; Douglas Hoffeler, Dorothy Jordan, Reny Jose, Bill Keane, Amy Keegan, James Laung, Donald Law, Gayle Leonard, Rebecca Leno, Therese Lenz, Diane Lo Prete, Maria Marchio, Marie-Ann Melenfant, John McGrath, Mary Grace Meneses Sr., Maria Mercurio, CSJ, Stephanie Merenda, Diane Mueller, James Murphy, Mary Murphy, Shane O’Donnell, Josephine Pitcherale, Marcia Pedone, Catherine Rappazzo, Mark Roman, Matthew Rosato, Megan Ruthman, Elaine Spoor, Jane Strodel, Adam Ventura, Sebastian Vicencio, Richard Warner, Raphael Warner, Ro-

March 3,2019

Cathedral Liturgical Celebrations, Meetings and Mass Intentions for the week of March 2, 2019 – March 10, 2019

Saturday, March 2,

5:15PM Mass

Sunday, March 3,

9:00AM Mass

Intention: Thomas H. Killeen

10:00AM Faith Formation

11:00AM Mass

Intention: Mr and Mrs Michael Condon

Intention: Deacon Richard Matthews

5:00PM Mass

Monday, March 4,

12:15 pm Mass

Tuesday, March 5,

7:15 AM Mass

12:00 PM AA Meeting (Rectory)

Wednesday, March 6, Ash Wednesday

7:15 AM Mass

12:15 PM Mass (No Confession)

Intention: Joseph and Ruth Petro

5:15:PM Mass

Thursday, March 7,

7:15AM Mass

Friday March 8,

12:15 PM Mass

Intention: Max Martinez

Intention: Patricia Daugherty

5:15 PM Stations of the Cross

Saturday, March 9,

5:15PM Mass

Sunday, March 10,,

9:00AM Mass

Intention: William Reinisch

10:00AM Faith Formation

11:00AM Mass

2:00 PM Rite of Election

5:00PM Mass

Intention: Joseph and Ruth Petro

Lenten Fast and Abstinence

Ash Wednesday and Good Friday are days of fasting (limiting the consumption of food) and abstinence (refraining from eating meat).

As a sign of our penance, there is also the custom of not eating meat on the Fridays of Lent. Therefore, all **Catholics, 14 years of age and older are obliged to refrain from eating meat on Ash Wednesday, Good Friday, and the other Fridays of Lent. All Catholics who are 18 years of age and not yet 59 are obliged to fast.** Fasting refers to the quantity of food eaten. Traditionally, fasting allows for eating only one full meal per day. Two additional, smaller meals may be eaten and there is no eating in between meals.

By following these traditions, it is not intended that they be interpreted simply as laws or just as a duty; but rather as customs and signs of faith from which we will not hold ourselves lightly excused. They are ways of expressing our desire to be converted in our hearts, to be reconciled with each other, and to love our neighbor. Finally, it is helpful to remember that the ability to freely decide how much or how little one will eat is in itself a gift.

Prayer for Generosity

Lord Jesus, teach me to be generous;
teach me to serve you as you deserve,
to give and not to count the cost,
to fight and not to heed the wounds,
to toil and not to seek for rest,
to labor and not to seek reward,
except that of knowing that I do your
will.

—St. Ignatius of Loyola