



# CATHEDRAL OF THE IMMACULATE CONCEPTION

*Established 1848*

## ***A Welcome...***

*From wherever you have traveled or have been led on your spiritual journey, we, the Catholic community of the Cathedral of the Immaculate Conception, are glad you are among us. We invite you to make yourself at home and consider joining our Christian way of life, worship and service in Jesus Christ.*

## ***Our Mission Statement***

*We, the worshipping community of the Cathedral of the Immaculate Conception of the Roman Catholic Diocese of Albany, rooted in the Gospel and the celebration of the Eucharist, seek to make known God's love in the world through serving one another, sharing our faith and welcoming all.*

## ***Our Sacramental Life...***

### ***The Holy Eucharist***

*The Lord's Day [Sunday]  
11:00am and 5:00pm*

### ***Weekdays***

*Monday, Wednesday & Friday: 12:15pm  
Tuesday & Thursday: 7:15am*

### ***The Sacrament of Reconciliation [Confession]***

*Monday, Wednesday & Friday 11:30am – 12:00pm  
Sunday 10:30am – 10:50am & 4:30pm – 4:50pm  
By appointment*

### ***The Sacraments of Baptism and Marriage***

*Please call the Parish Office [518.463.4447] and speak with staff to make arrangements and prepare for the celebration of these sacraments.*

### ***Do you have questions about Jesus or Catholic Christianity?***

*Is your spiritual journey leading you to being formed into a Christian or are you inquiring about coming into communion with the Catholic Church from another Christian community? Please call the Parish Office and speak with staff. [518.463.4447]*

Lent is here, the penitential season of preparation for the celebration the Sacred Triduum leading to Easter Sunday. It is our tradition to practice three disciplines during this season: prayer, fasting, and almsgiving. To pray is to set aside time for a relationship with God. To fast is to restrict ourselves from something we desire, a practical exercise to strengthen us against sin. Almsgiving reminds us to share what God has generously shared with us, a participation in what is holy and good. Do not let this season of opportunity pass without effect.

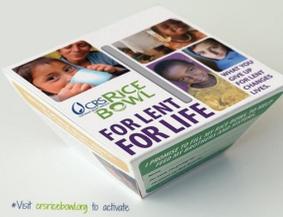
Life has a penchant for keeping us busy, occupied with family and friends, much of it in a positive spirit. God did, after all, make our world to be lived in and to be enjoyed, filled with good things. God also made the world to invite our participation in what God has started. God created us, taking the initiative in the God-human relationship and inviting us freely to participate. Prayer is our response, making the deliberate choice for time with God in conversation.

Fasting is simultaneously an exercise in self-denial, a sacrificial penance for past sin, and an opportunity to create longing for God. If making time for prayer is difficult, try praying for a mealtime instead of eating. A little hunger later on reminds us to be grateful that God has given us riches so that our hungry is voluntarily, not everyone has it so well. Let this remind us to share with those who have less.

Almsgiving is an opportunity to participate in God's generosity, to give in the image of God, freely and for the benefit of another. Give more freely during Lent than you might otherwise. This participation in God's goodness makes our world a more holy place. Imagine the good feeling of a waitress or waiter who receives an unexpectedly generous tip, or the person standing in line to by a sandwich surprised that someone has already paid the bill. These small almsgivings brighten our world, making it holier and more God-like. Try one of them (or something similar) out and be a part of someone else's happiness. Realize that you have given in God's image and let that be enough.

**Reminder:**

Look for Rice Bowl in church this weekend!



United to our practices of prayer & fasting, almsgiving makes our Lenten journey complete. **Rice Bowls** are available at the doors of the church during Lent. They can be placed on your dining room/kitchen table.

Maybe before joining in the dinner meal each Lenten evening, children and adults can share 'spare change' with those Less fortunate. At the end of lent, your spare change makes a big difference. Return Rice Bowls on Holy Thursday.

**A Lenten Blessing**

May you live these Lenten days with Mary, in the joyful warm embrace of your Beloved Christ—knowing that your love, gratitude and service to others are sufficient to gladden His heart. May you hear your Beloved Christ call you to come apart from daily routine sometime and rest a while alone with Him in a place apart—so that your spirit may be lit with the Resurrection-light of His radiant love and presence. May your heart be filled to over-flowing with Lenten-grace, so that your whole being may sing with new Alleluia-joy on Easter and everyday thereafter—until your eternal Alleluia with your Beloved Risen Christ, Forever!

<b>“NA PÍOBARI AG GLAOCH”</b>	
<b>THE PIPES ARE Calling</b>	<b>at the Cathedral</b>
<b>Feast of St. Patrick Sunday, March 12 11:00 a.m. Holy Eucharist</b>	
Members of the Schenectady Pipe Band and the Cathedral Choir will provide the music for the liturgy.	
Hospitality following Mass.	
<b>ALL ARE WELCOME!</b>	
<b>The Cathedral of the Immaculate Conception</b> Corner of Madison Avenue and Eagle Street Albany, New York <a href="http://www.cathedralic.com">www.cathedralic.com</a>   518-463-4447	

***Eucharistic adoration will be held on Wednesdays during lent starting at 5:15pm, Benediction at 6:00 pm.***



### **Good News & Cold Brews**

Young adults from across the diocese are invited to attend "Good News & Cold Brews" -- a Young Adult Happy Hour and presentation on an interesting and relevant topic to help us on our faith journeys.

When: Tuesday, March 7 at 7 PM

What: "Good News & Cold Brews"

Where: Sisters of St. Joseph of Carondelet Provincial House 385 Watervliet-Shaker Road, Latham, NY

### **Cathedral Food Pantry**

The Cathedral Food pantry is currently in need of: fruit juice, coffee, tea, canned beans, canned peas, canned pasta, winter hats, scarves, and gloves for children, bar soap, shampoo and deodorant for men and women.

Monetary donations of any amount are always welcome. These donations can be sent directly to the Regional Food Bank (965 Albany Shaker Rd, Latham, NY 12110) to be put into the Cathedral Food Pantry account. You can also put a check made out to the Regional Food Bank in the collection basket and it will be sent directly to the Food Bank (please put the check into an envelope labeled "Food Pantry"). Every dollar you donate to the Regional Food Bank on behalf of the Cathedral Food Pantry purchases seven times the amount of food we could purchase otherwise.

God bless you for your generosity and support of the Cathedral Food Pantry!

For more information about the Cathedral Food Pantry, please call (518) 463-2279.

### **Collection Report:**

The Collection For February 19th was \$650.00  
The Collection for Restoration was \$513.00

### **St. Vincent DePaul Society**

We are dedicated to helping those struggling. If you are someone you know is in need of assistance please call 518-807-5058.

### **The Season of Lent**



The season of Lent focuses on two closely related matters: the pre-baptismal and the penitential. The pre-baptismal character is evident when the parish accompanies catechumens and elect through the Period of Purification and Enlightenment as they prepare to enter the Catholic Church and receive Baptism, Confirmation and First Eucharist. Lent's penitential character is seen when the baptized reflect upon their faithfulness to the Gospel, seek God's mercy and forgiveness for their failings and the Holy Spirit's guidance in following Jesus' way more closely. All the Lenten practices of the Catholic Church, such as prayer, fasting and acts of charity are directed to support these ends. It is summed up well in the prayer that is said as the ashes are given: "Repent, and Believe in the Gospel."

### **please pray for our sick;**

Angelina Graziano, Maureen Peck, Luca James Holmes, Tod Fowler, Frank Therio, Dave Worden, Mary Caluori, John Travis, James Frueh, Jean Rounds, Fr. Frank O'Connor, Jeffrey Abraham, Robert Buell, Lucy Apisa, Stephen Beattie, Thomas Bendon, Grace Isabelle Caruso, Mary Faith Colvin, Patricia Contti, Theresa Cooney, Marc Daniels, John Dare, Jr., Denise Degasparis, Michael Dolan, Ann Doherty, JoAnn DeLucia, Diane Fontanelli, Janette Fusco, Bernice Girma, Kelly Hemming, Thomas Bendon, Jean Gutbrodt, Bryan Hanley, Jacqueline Heisler, Kelly Hemming, Douglas Hoffeler, Dorothy Jordan, Reny Jose, Bill Keane, Amy Keegan, James Laung,, Gayle Leonard, Rebecca Leno, Therese Lenz, , Ted Murawski, John McGrath, Mary Grace Meneses , Stephanie Merenda, Diane Mueller, Shane O'Donnell, Catherine Rappazzo, Mark Roman, Megan Ruthman, Adam Ventura, Sebastian Vicencio, Richard Warner, Raphael Warner ,Mary Redmond



**25TH ANNIVERSARY**  
**CATHEDRAL CLASSIC**  
 Golf Outing to Preserve Albany's Historic  
 Cathedral of the Immaculate Conception

**SAVE THE DATE**

**Date:**  
 Tuesday, July 18, 2023  
**NEW Location:**  
 Normanside Country Club

*This year's Cathedral Classic is dedicated to the memory of Father William Pape. Father Pape started the Cathedral Classic 25 years ago as a fundraiser to help to preserve Albany's Historic Cathedral.*

The Reverend William H. Pape  
 1943 - 2022

**Opportunities for Spiritual Growth**

**The Word Explored**

***Fr. David's Sunday Homilies***

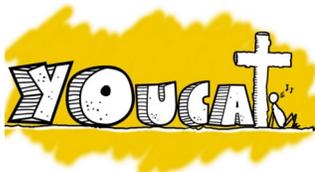
[www.davidwmmickiewicz.wordpress.com](http://www.davidwmmickiewicz.wordpress.com)

**Spiritual Resources**

***New Pilgrim's Path [www.newpilgrimpath.ie](http://www.newpilgrimpath.ie)***

New Pilgrim Path is a website aimed at introducing fellow Christians of all denominations to the great wealth of online spiritual resources. Links to a variety of valuable websites on spirituality are provided. In addition to the permanent pages of Daily Prayer, Sacred Music, Inspiration, and Online Retreats, each week we feature a different Website of the Week, Poem of the Week and Music of the Week.

***Looking for a 5 minute daily spiritual pickup?***



Try the YOUUCAT App.  
 YOUUCAT stands for Youth Catechism BUT don't let that chase you away. A daily picture, biblical passage, Q&A from the Catholic Catechism and an inspirational quote might

be just what you are looking for to raise your spirits by the Holy Spirit. Go to the app store on our phone and put in YOUUCAT App

**Catholic Women Preach**

[www.catholicwomenpreach.org](http://www.catholicwomenpreach.org)

Following the liturgical year, Catholic women reflect on how the texts relate to all Catholics today with a special emphasis on the lives of women, their apostolic call, and their roles in the Church and the world.

## **The Cathedral Staff**

### ***Clergy***

The Most Reverend Edward B. Scharfenberger, D.D.  
Bishop of Albany

The Very Rev'd. David Wm. Mickiewicz, Rector

Email: David.Mickiewicz@rcda.org

Mr. James M. Agnew, Deacon

Email: James.Agnew@rcda.org

Mr. Timothy J. Kostos, II, Deacon

Email: Timothy.Kosto@rcda.org

### ***Administration***

Mr. Jasper Stoller, Administrator

Email: jasper.stoller@rcda.org

Ms. Pilar Dell, Office Manager

Email: cicalban@rcda.org

Mrs. Kathy Zorian, Bookkeeper

Email: bkcica@rcda.org

### ***Social Outreach***

Sr. Laurie Marie Parisi, CR,

Social Services & Food Pantry

Email: LaurieMarie.Parisi@rcda.org

### ***Faith Formation***

Dr. Thomas Fowler

Ffcathedraloftheimmaculateconception.albany@rcda.org

### ***Liturgy***

Dr. Timothy Reno, Director of Music

Email: renot@rcda.org

Mr. Patrick Buonocore, Sacristan

Email... Patrick.buonacore@rcda.org

### **Parish Office Hours**

Monday thru Thursday, 9:00am – 3:00pm

The Office will be closed on National Holidays and other days throughout the year. Please check the bulletin.

### **Cathedral Hours**

The Cathedral will be open daily according to the following schedule:

Sunday: 9:00am – 6:00pm

Monday, Wednesday & Friday: 8:00am – 4:00pm

Tuesday & Thursday: 6:30am – 4:00pm

Saturday: 9:00am – 4:00pm

The Cathedral will be closed on National Holidays and other days throughout the year. Please check the bulletin.

### **The Cathedral Food Pantry**

The Food Pantry is open Tuesday thru Friday from 10:00am – 12:00noon.